



KARATE & RELAX 2020



ITALY - TARVISIO (UD) 3RD - 6TH JANUARY



10TH INTERNATIONAL KARATE SEMINAR

KATA - KUMITE - Relax - Skiing - Fun

With the Best Sensei and Athletes of **W.K.F.**



INFO: KARATERELAX.COM

▪ KARATERELAX@GMAIL.COM

KARATE & RELAX 2020

 ITALY-TARVISIO (UD) 3rd - 6th January

PROGRAMME:

The arrival at the Hotel "Il Cervo" in Tarvisio, registration at 11.00 and the accommodation in the rooms is scheduled from 14.00 on January 3rd. At 5:00 pm the Seminar will be open at the Palazzetto dello Sport in Tarvisio. The seminar includes Kata and Kumite lessons and will end with the morning training of January 6th 2020.

Special promotion up to November 18th

Quadruple Room

280 EURO Seminar
240 EURO Accompanying
Kids until 12 years
210 Euro Seminar
170 Euro Accompanying

Triple Room

300 EURO Seminar
260 EURO Accompanying
Kids until 12 Years
230 Euro Seminar
180 Euro Accompanying

Double Room

320 EURO Seminar
260 EURO Accompanying

Cost from November 19th

Quadruple Room:

320 EURO Seminar
270 EURO Accompanying
Kids until 12 years
250 Euro Seminar
190 Euro Accompanying

Triple Room

340 EURO Seminar
290 EURO Accompanying
Kids until 12 years
260 Euro Seminar
210 Euro Accompanying

Double Room

360 EURO Seminar
310 EURO Accompanying

- Price are per Person in Full Board treatment from the lunch on 3rd January to the Breakfast of 6th January
- To get the promotion it is mandatory to send the deposit payment before the 18th of November.
- kids up to 3 years are free of charge in room with parents
- Reductions for children up to 12 years old on 3th January 2020

TO MAKE THE REGISTRATION IT IS NECESSARY TO ASK FOR AVAILABILITY BY MAIL TO karaterelax@gmail.com AND SEND THE REGISTRATION FORM DOWNLOADED FROM THE WEB SITE www.karaterelax.com AND PAY FOR THE DEPOSIT OF 50% OF THE TOTAL COST BY BANK TRANSFER TO:

S.S.D. TIKIL

VIA SILVIO PELLICO 17 - 34078 SAGRADO (GO)

BANK: CASSA RURALE FVG

BANK ACCOUNT N°: 21/000150188

IBAN: IT69M0862264610021000150188

BIC/SWIFT: CCRIT2T96A



TIKIL INFO NUMBER +393662178091

INFO: KARATERELAX.COM = KARATERELAX@GMAIL.COM

Head Quarter

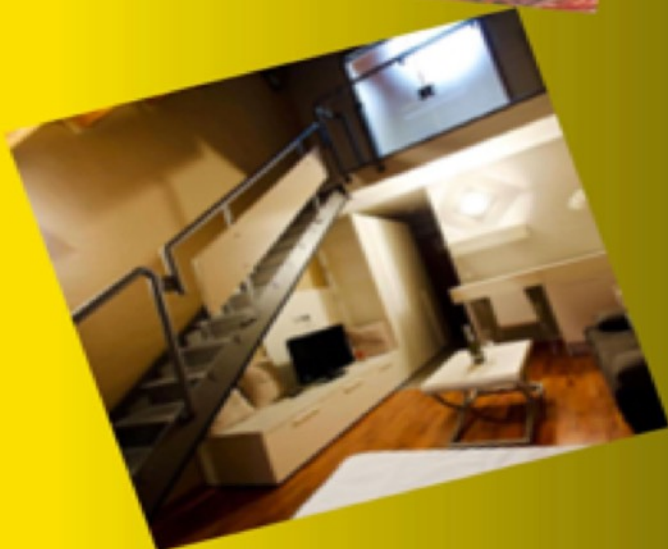
Hotel "Il Cervo" ****

Via Priesnig, 72 Tarvisio (UD) - Italia

Tel. +39 042840305

email: info@hotelilcervo.com

www.hotelilcervo.com



PALAZZETTO DI TARVISIO

Via degli Azzurri - Tarvisio -



WWW.KARATERELAX.COM



Karate & Relax

PROGRAM TARVISIO 2020

TIKIL INFO NUMBER

+393662178091



FRIDAY 3rd JANUARY

Arrival at "Hotel Il Cervo" di Tarvisio (UD) Italy, via Priesnig 72, Registration from 11:00, Lunch at 13:00, Hotel Accomodation from 14:00,

Ore 17,00- 17,30 Seminar Opening and Presentation of the Masters

Ore 17,30 - 18,30 Kata (VALDESI - QUINTERO)

Ore 18,30 - 19,30 Kumite (LEAL - HORUNA - TALARICO)

Ore 20,30 DINNER

DINNER AT CHALET MOUNT LUSSARI 1850 mt (by reservation, extra payment)

SATURDAY 4h JANUARY

Ore 08,30 - 09,45 Kata (VALDESI - QUINTERO)

Ore 09,45 – 11,00 Kumite (LEAL - HORUNA - TALARICO)

Ore 13,00 LUNCH

Ore 17,00 – 18,00 Kumite (LEAL - HORUNA) - TALARICO)

Ore 18,15 – 19,30 Kata (VALDESI - QUINTERO)

Ore 20,30 DINNER

SUNDAY 5th JANUARY

Ore 08,30 - 09,45 Kata (VALDESI - QUINTERO)

Ore 09,45 - 11,00 Kumite (LEAL - HORUNA - TALARICO)

Ore 13,00 LUNCH

Ore 17,00 – 18,00 Kumite (HORUNA - TALARICO)

Ore 18,15 – 19,30 Kata (VALDESI)

Ore 19,30 – 20,00 **OFFICIAL PICTURES AND GUESTS PRESENTATION**

Ore 20,30 DINNER

Ore 22,00 Farewell Party and LOTTERY K&R

MONDAY 6TH JANUARY

Ore 09,30 – 10,45 Kata (VALDESI)

Ore 10,45 - 12,00 Kumite (HORUNA - TALARICO)

Ore 13,00 LUNCH AND SEMINAR CLOSING



La Cima
Prosecco Valdobbiadene

JUTE
SPORT
All for Martial Arts

NOTE:
THE PROGRAM CAN BE CHANGED ON THE NEEDS OF THE ORGANIZATION

CENA BAITA "AL CONVENTO" MONTE LUSSARI MT. 1850



HOW TO REACH TARVISIO (UD) ITALY



BY PLANE

VENICE AIRPORT 240 KM FROM TARVISIO
TREVISO AIRPORT 240 KM FROM TARVISIO
TRIESTE AIRPORT 130 KM FROM TARVISIO
KLAGHENFURT AIRPORT 70 KM FROM TARVISIO
LUBJANA AIRPORT 100 KM FROM TARVISIO

Info:

Aeroporto di Trieste	aeroporto.fvg.it
Aeroporto di Treviso	trevisoairport.it
Aeroporto di Venezia	veniceairport.it
Aeroporto di Klagenfurt	klagenfurt-airport.com
Aeroporto di Lubiana	lju-airport.si

BY CAR

A4 Turin - Trieste Motorway
A23 Palmanova - Udine - Tarvisio Motorway
A28 Portogruaro - Conegliano Motorway

BY TRAIN

www.trenitalia.com

Railway routes: Venice - Tarvisio

The railway station of tarvisio Boscoverde is located 3 km from the city centre and is very well connected with several daily services to Udine, Triest and Venice in Italy, Villach, Klagenfurt, Graz and Vienna in Austria. Many local trains leave every day from Udine to reach Tarvisio in just over 40 minutes. Three daily services connect directly Venice to Tarvisio, allowing skiers to reach the ski resort from

KARATE & RELAX Winter Session 3/6 January 2020

CLUB:

E-Mail:

COACH NAME:

MOBILE PHONE:

Number of Athletes:

Number of Accompanying:

	Family and First Name	Accompanying (ACC) or athlete Kumite (KU) or Kata (KA)	Date of Birth	BELT GRADE	T-SHIRT size S/M/L/XL/XXL	ROOM: SINGLE (S) DOUBLE (D) TRIPLE (T) QUADRUPLE (Q) MULTIPLE (M)
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

The Person/Sensei in charge of the Sports Association/Club **Declares** that all participants to the seminar are regular members with a recognized institution of Karate under the World Karate Federation (WKF) or recognized associations for the year 2019/2020, have a health insurance and are in good standing with the medical certificate for sports activities.

Place and date:

Stamp and Signature:

Before to register ask for confirmation of availability by sending e-mail to: karaterelax@gmail.com once received confirmation you can register sending a copy of bank transfer of 50% of Total and the registration form filled to: karaterelax@gmail.com

Refundable penalties in case of sickness or acceptable reasons.:

- a) 20% of the entire participation costs by 30 days before the beginning of the event.
- b) 30% of the entire participation costs from 29 to 21 days before the beginning of the event.
- c) 40% of the entire participation costs from 20 to 11 days before the beginning of the event.
- d) 50% of the entire participation costs from 10 days to the last day before the beginning of the event

**KARTE & RELAX 2020 - Winter Session 3/6 January 2020 -
TARVISIO (UD) ITALY**

Coordinate Bancarie - Bank Account

Organization: TIKIL SSD
Info Mobile Number: +393662178091

Bank:
Cassa Rurale ed Artigiana del Friuli Venezia Giulia - Cassa Rurale FVG
Via Ceresina, 2 - 34074 Monfalcone (GO) Italy

Bank Account N° C/C: 21/000150188

IBAN: IT69 M086 2264 6100 2100 0150 188

BIC (International Money Transfer): CCRTIT2T96A

IMPORTANTE

- Per effettuare l'iscrizione è necessario chiedere disponibilità e ricevere conferma dei posti all'indirizzo mail: karaterelax@gmail.com
- Per confermare l'iscrizione inviare il 50% del Totale tramite Bonifico Bancario.
- Per usufruire della Promozione è indispensabile effettuare il Bonifico prima del 18 Novembre 2019. Dopo tale data i costi saranno considerati senza promozione.

ENGLISH - IMPORTANT

- For the registration to K&R Winter Session 2020, it is compulsory to ask for availability and receive confirmation of the places at the mail address: karaterelax@gmail.com
- To confirm the registration please send 50% of the due total by bank transfer.
- To take advantage of the Promotion it is essential to make the bank transfer before November 18th 2019. After this date the costs will be considered without promotion.





KARATE & RELAX 2020



ITALY - TARVISIO (UD) 3 - 6 GENNAIO



10TH INTERNATIONAL KARATE SEMINAR

KATA - KUMITE - Relax - Sci e Divertimento

con i Migliori Mestri e Atleti del circuito **W.K.F.**



BENETELLO

VALDESI

HORUNA

QUINTERO

LEAL

TALARICO



INFO: KARATERELAX.COM - KARATERELAX@GMAIL.COM



